

HR News

Gunnison County

4/30/2016

[Edition 1, Volume 1]

TRIAD Employee Assistance Program

TRIAD EAP is a free prepaid service offered by Gunnison County to all regular full and part-time employees, their spouses and dependent family. TRIAD EAP provides free, confidential, professional, short-term, solution focused consultation, resources and information.

HOW DO I GET STARTED?

Call 1-877-679-1100 from 8:00 am – 6:00 pm, Monday – Friday. Always call TRIAD before contacting a counselor or expert. You can also go to www.triadeap.com or email contactus@triadeap.com.

CALL TRIAD FOR:

Counseling Services

- Marriage & relationship problems
- Depression and anxiety
- Substance abuse issues
- Grief, trauma, loss

Financial Services

- Bankruptcy prevention
- Budgeting
- Financial planning
- Housing education and purchasing

Legal Services

- Consult with an attorney on a civil or criminal matter

Identity Theft Services

- Advantage ID recovery
- Assess identity theft risk level and learn preventative measures



The Gunnison County Human Resources Department will be publishing a quarterly newsletter beginning 2016. We hope to provide employees with reminders for important dates, answers to frequently asked questions, important information on employee programs and benefits, as well as general HR information. You will find this edition and future editions posted in a common area at work or online at: www.gunnisoncounty.org/hr.

To Contact the Human Resources Department:

Cheryl Seling, *HR Manager*
970.641.7962
cseling@gunnisoncounty.org

Leah Celandia, *HR Specialist*
970.641.7961
lcelandia@gunnisoncounty.org

Main number: 970.641.7623
Fax: 970.641.7618
www.gunnisoncounty.org/hr

Dates to Remember

Upcoming Pay Dates:

April 29th

May 31st

June 30th

Patient Care Advocacy Group

This year Gunnison County began offering Patient Care as a benefit to employees who are enrolled in our health care plans. Patient Care is a health care advocacy company. It was founded in 2001 to help people with increasingly confusing health care costs, hard to understand benefits and frustrating medical bills. They help their members understand the health care system and make informed decisions about health care spending.



PATIENT CARE CAN HELP WITH:

- Benefits education
- Claims and billing issues
- Cost and quality research
- Prescription drug questions
- Eligibility clarification

TO SPEAK WITH A PATIENT CARE ADVOCATE:

Call 1-866-253-2273 from 7:00 am – 8:00 pm CST, Monday – Friday and 8:00 am – 1:00 pm CST, Saturday.

You can also visit their website to fill out an online request for assistance at: <http://patientcare4u.com>.



WHAT IS SELF-FUNDING INSURANCE

People often have questions about what it means for Gunnison County to have self-funded insurance. Here is a brief explanation:

⊙ Instead of paying premiums to an insurance company, Gunnison County pays claims from its own funds. Meaning that Gunnison County assumes the risk of expenses that are incurred.

⊙ A third party administrator or insurance carrier operates the plan – paying claims, maintaining eligibility, producing plan documents, ID cards, etc.

⊙ Self-funding allows Gunnison County to have more control and flexibility over the benefits that they offer.

WHAT'S THE DIFFERENCE?

FULLY INSURED



Set monthly payment no matter how much or how little TV you watch.

SELF FUNDED



Variable monthly payment depending on how much or how little electricity you use.

How to Contact Your Benefit Providers

CoreSource - Medical, Dental, Vision and Flexible Spending Account (FSA)
800.521.1555
www.coresource.com

Health Savings Account (HSA)
877.472.4200
www.mybenefitwallet.com

CVS/Caremark - Prescription Medications
866.818.6911
www.caremark.com

Patient Care – Advocacy Services
866.253.2273
<http://patientcare4u.com>

AFLAC - Supplemental Insurance
970.589.0876
www.aflac.com

Lincoln Financial - Life Insurance and AD&D Insurance
800.487.1485
www.lfg.com

CCOERA – Retirement Programs
800.352.0313
www.ccoera.org

TRIAD EAP - Employee Assistance Program
877.679.1100
www.triadeap.com

Benefits Buzz



AFLAC

We recently had a change in our AFLAC contact. For questions or concerns with any AFLAC product, please contact:

Jeffrey K. Hawkins
2829 North Ave., Ste. 108
Grand Junction, CO 81501
970.249.5212 fax
970.589.0876 claims
j_hawkins@us.aflac.com

Cell Phone Discount Program

As a Gunnison County Employee, you may be eligible for discounts through Verizon Wireless and AT&T on your monthly calling or data plan, phones and accessories. For those who haven't taken advantage of our Employee Cell Phone Discount Program, visit these links for more information:

AT&T Discount Information:
<https://www.wireless.att.com/businesscenter/>

Verizon Discount Information:
<http://www.verizonwireless.com/b2c/employee/eleulanding.jsp>

For IT Help Information on our Intranet page (login required):
<http://gunnisoncounty.org/643/IT-Help-Information>