AGENDA ITEM or FINAL CONTRACT REVIEW SUBMITTAL FORM

Agenda Item: Grant Application; Aging Mastery Program

Action Requested:

Parties to the Agreement: The Denver Health Foundation

Term Begins: **Term Ends:** **Grant Contract #:**

Summary:

This grant proposing bring the Aging Mastery Program to Gunnison County, an evidenced based curriculum designed to promote senior health and wellness.

Fiscal Impact: $16,057.00

Submitted by: Elizabeth Holena **Submitter's Email Address:** elizabeth.holena@state.co.us

Finance Review: (●) Required ( ) Not Required

Comments:
Not included in the adopted 2019 budget, if awarded a budget amendment request will be presented. No concerns. ln

Reviewed by: GUNCOUNTY1\lNienhueser Discharge Date: 5/17/2019

County Attorney Review: (●) Required ( ) Not Required

Comments:
ok db 5/17/19

Reveiwed by: GUNCOUNTY1\dBaumgarten Discharge Date: 5/17/2019 Certificate of Insurance Required Yes ( ) No (●)

County Manager Review:

Comments:

Reveiwed by: GUNCOUNTY1\emense Discharge Date: 5/17/2019

(●) Consent Agenda ( ) Regular Agenda ( ) Worksession Time Allotted: 0

Agenda Date: 5/21/2019

Revised April 2015

CompreCare Fund Application

Elizabeth Holena (Gunnison County Department of Health and Human Services)

General Applicant Info

Please note:

If you received a grant from the Comprecare Fund in 2018, you do not need to submit a new application in 2019. You will need to submit a final report on your last grant by May 31. Please send the Colorado Common Grant Report Form, Narrative, and Attachments in one PDF as an attachment to amartinez@denverfoundation.org.

Legal Name of Organization	Gunnison County Department of Health and Human Services
DBA (if applicable)	
Mailing Address (Line 1)	220 North Spruce Street
Mailing Address (Line 2)	
Mailing City	Gunnison
Mailing State	Colorado
Mailing Zip	81230
Is your physical address different from your mailing address?	○ Yes ◉ No
Organization's Phone #	970-641-3244
Organization's Fax Number	970-641-3738
Organization's Tax ID	84-6000770
Organization's Website	https://www.gunnisoncounty.org/
Organization's Email	dhs@gunnisoncounty.org
CEO or Executive Director's First Name	Joni
CEO or Executive Director's Last Name	Reynolds
CEO or Executive Director's Phone #	970-641-3244

CEO or Executive Director's Phone Ext	
CEO or Executive Director's Email	joni.reynolds@state.co.us
Applicant's First Name	Betsy
Applicant's Last Name	Holena
Applicant's Job Title	Senior Resource Program Manager
Applicant's Phone #	970-641-3244
Applicant's Phone Ext	
Applicant's Email Address	elizabeth.holena@state.co.us
Year Organization was Founded	1950
Is Your Organization A Nonprofit 501(c)3 Public Charity?	○ Yes ◉ No
Organization's Mission Statement	The mission of the Department of Health and Human Services (HHS) is to provide culturally competent advocacy, prevention, protection, and support services to families of Gunnison and Hinsdale Counties so they can prosper and thrive in a healthy and supportive community
Number of Full-Time Employees	35
Number of Part-Time Employees	6
Are you using a fiscal sponsor?	○ Yes ◉ No
The Denver Foundation occasionally shares information about potential grantees with holders of donor-advised funds to expand organizations' opportunities for funding. May we share your proposal or proposal analysis with these donors?	◉ Yes ○ No

Grant Request Info

Type of Grant Requested	○ General Operating Support ◉ Program or Project Support
Project Name / Title	Aging Mastery Program
Amount	$16,057.00

Requested	
Describe what the grant will be used for:	The CompreCare Grant will be used to implement, under Gunnison County Senior Resource Office, the Aging Mastery Program(AMP). AMP is an evidenced based education and behavior change incentive program for aging well, targeting low income, isolated or otherwise vulnerable older adults. The Senior Resource Office will implement the program in collaboration with Boomers and Beyond, a non profit serving seniors throughout the Gunnison Valley through events, classes, travel, hikes, meals and more. The AMP core curriculum covers 10 topics, and the classroom experience is a mix of interactive learning with an emphasis on peer to peer interaction. When participants graduate from AMP, they have set goals for positive actions in many aspect of their lives, such as exercise, nutrition, finances, advance care planning, community engagement, and healthy relationships. The CompreCare grant will pay for the expense of the AMP program, Senior Resource specialist, and incentives.
Service Area / Region Affected	Gunnison County/Hinsdale County
Organization's Current Budget for Fiscal Year Ending:	2019
Organization's Revenue:	$5,389,361.00
Organization's Expenses:	$5,389,361.00
Program/Project Start Date:	7/1/2019
Program/Project End Date:	06/31/2020
Program/Project Revenue:	$16,057.00
Program/Project Expenses:	$16,057.00

Narrative Page

Organization Background: Discuss the founding and development of the organization. Explain the original issue and/or opportunity the organization was founded to address and how that may have changed over time.	Gunnison County Senior Resource Office was developed to provide community outreach, education, preventive health, adult protection and advocacy services to Seniors and their families. Gunnison County Senior Resource Office was developed in 2002 under the umbrella of Gunnison County Department of Health and Human Services, originally offering both public health and human services program. The Senior Resources office initially consisted of one individual funded through the Older Americans Act, and has now expanded to include 1.5 options counselors, 2 Adult Protective Caseworkers, one Single Entry Point case manager and one part time outreach coordinator. As an integrated public health and human services, the organization strives to serve the communities most economically, socially and medically vulnerable.

Goals: Describe the organization's current goals.	The mission of the Department of Health and Human services is to provide culturally competent advocacy, prevention, protection, and support services to families of Gunnison and Hinsdale Counties so they can prosper and thrive in a healthy and supportive community. More specifically, the goal of Gunnison County's Senior Resource Office is to provide community outreach and education, preventive health, adult protection and advocacy services to low income Seniors, at risk adults, and their families so they can be more independent, healthy and connected to their community.
Current Programs: Provide a brief description of the organization's current programs. Include population and numbers served, as well as expected results. If this request is for a specific program, describe the organization's other programs here.	Gunnison County DHHS provides assistance to vulnerable populations across the life spectrum. The county operates SNAP, Health First Colorado, Old Age Pension, Aid to the Needy and Disabled, Child Protective Services, Adult Protection, Long Term Care Medicaid, Immunizations clinics and Family Planning. The Senior Resource office serves older, low income, isolated, underserved individuals as well as those that have chronic illness. Programs under the Senior Resource Office include Long Term Care Home and Community Bases services with a current caseload of 60. Long Term Care Medicaid provides case management and services to individuals meeting functional and financial eligibility. Also under the Senior Resource Office is the Aging and Disability Resources of Colorado(ADRC), serving low income and at-risk adults. The program evaluates the problems and capacities of older adults and then refers individuals to appropriate assistance and information. ADRC also develops, maintains and provides current information about opportunities, benefits, and services and resources available to older adults and their caregivers within the community. In 2018, over 2006 Seniors and at risk adults were provided information, assistance and referrals, and over 9000 contacts were made. Gunnison County Senior Resource Office also manages the Adult Protective Service program. In 2018 the APS program received over 80 referrals and had 25 open cases. Through Adult Protective Services, the community's most vulnerable seniors are provided with services to increase their safety and decrease risk. The Community Service Block Grant is also managed and administered under the Senior Resource Office. The grant is available to local residents experiencing barriers to self sufficiency and can provide emergency assistance such as rental assistance and emergency shelter. In 2018, the grant provided assistance to over 120 households. The Senior Resource office also works closely with non profits, other governmental organizations and the faith community to maximize use of local resources, reduce duplication of services and minimize cost of administrative overhead. SRO personnel work closely with numerous non profits, including Boomers and Beyond, Young at Heart, Project Hope, Gunnison County Library District, Six Points, Mountain Roots Food Project and the Gunnison Food Pantry. Currently Mountain Roots, The SRO and WIC have collaborated on a CSA grant delivering boxes of fruit and vegetables to low income seniors and families. The Senior Resource office holds quarterly outreach at different nonprofits and coordinates outreach with Boomers and Beyond. Gunnison County also co-hosts the Basic Needs Subcommittee, a collaboration of professionals and community members focused on assuring basic needs are met for our most vulnerable populations, identified as low income families, seniors and the immigrant population. Gunnison SRO has diverse funding, creating a sustainable program.
Program/Project Support Request (a) Provide a summary of the plan for the program or project request. Include the issue and/or opportunity addressed, goals and objectives, activities, and timeline.	

Gunnison Senior Resource Office wishes to implement the Aging Mastery Program, a fun and engaging educational and behavioral change incentive program for aging well. Funding will support a paid facilitator to manage/teach the 10 classes in ten week intervals, twice over the SFY 2019-2020. The facilitator will be responsible for learning course material, finding expert speakers, preparing class activities, incentivizing classes, recruiting registrants, and collaborating with the aforementioned non-profit organizations. In addition, the paid facilitator will also be responsible for fulfilling Senior Resource Specialist duties such as completing assessments, coordinating services, providing referrals, and assisting with appointments and registrations. The Senior Resource Specialist will report directly to the Senior Resource Manager and will work exclusively with low income vulnerable adults to improve the quality of life by assisting them in developing and maintaining optimal wellness. The Senior Resource Specialist will divide their time between facilitating the Aging Mastery Program and direct client contact. Research demonstrates that a healthy quality of life for seniors is gained through physical activity, good nutrition and management of healthcare. The goals and objectives are as follows:

Objective 1: Older Adults will be provided the tools necessary to age well.
Activity: 10 Core Classes will be taught twice a year to a classroom of 20
Measure 1:Establish a schedule to coordinate professionals
Measure 2: Maintain weekly sign-in sheets

Objective 2: Older adults who complete the class increase their wellness, financial security and health.
Activity: 10 Core Classes will be taught twice a year to a classroom of 20
Measure 1: Administer and maintain pre and post surveys

Objective 3: Expand utilization of local services in the community, including services offered by non-profits, other governmental agencies and the faith community.
Activity: Increase awareness of expanded outreach efforts and availability of direct information and assistance.
Measure 1: Maintain monthly contact logs which denote basic demographic information of customer and information requested.

Objective 4: Meet funding reporting requirements
Activity A: Collect and submit timely monthly reports
Activity B: Monitor budget and finance reports on a monthly basis.

Time Frame:

Hiring of the Senior Resource Specialist	July 31st 2019
Training, development of experts, program	August 1 2019
First Session held	September 2019
Second Session held	April 2019

Program/Project Support Request (b) Explain why the organization is approaching the issue and/or opportunity in this way.

Gunnison County currently has approximately 2,190 seniors age 65 years and older. The Senior Resource Office works primarily with the county's most vulnerable adults, making over 9000 contacts each year. Combining the Aging Mastery Program with existing services will create a holistic, comprehensive approach as each individual is connected with services that will maximize their quality of life. Partnering with AMP and the non-profit and faith communities will add depth to our programs, increase agency capacity and connect the community's most vulnerable to education that can optimize their wellness.

Evaluation (a) Describe the organization's overall approach to evaluation.

In 2018, Gunnison County received the 2018 Certificate of Excellence in Performance Management from the International City/County Management Association as a result of Gunnison County's commitment to data-driven performance management. Gunnison County Senior Resource Office utilizes Managing for Results, a complete management and leadership strategy that, when fully implemented, brings together people, resources, and results for customers. MFR integrates key elements from planning, employee performance, budgeting, data collection, reporting, evaluating, and decision-making in a way that postively influences the desired result. Gunnison County's strategic plan was first adopted by the Board of County Commissioners on May 20, 2008, using MFR to establish priorities and strategic results. Each year Gunnison County publishes an annual performance report, which can be found here: https://www.gunnisoncounty.org/Archive.aspx?AMID=89.

Gunnison County also implements that Biennial Citizen Survey, a tool used to measure the quality of life in Gunnison, including access to services through the Senior Resource Center. The Board of County Commissioners have recently elevated a "senior-related" performance measure to monitor which is that 75% of respondents to the biennial Citizens Survey report that the access to services provided to seniors in Gunnison County are good or excellent. Gunnison County Health & Human Services additionally provides a quarterly survey to all walk-in and scheduled clients; this survey is examined to improve existing services. In addition, on a bi-annual basis, the awareness and accessibility of the SRO services is evaluated by the SRO personnel and the Senior Advisory Council for input on increasing visibility and outreach of the services provided.

Evaluation (b)

Describe how the organization measures impact. If this is a program request, describe how impact is measured for the program that is the subject of this proposal.	A pre and post survey will be administered to each attendee to determine behavior change, as this is a key metric of the Aging Mastery Program. The surveys will identify participant's perceived improvements in social connectedness, physical activity levels, healthy eating habits, use of advanced planning, participation in evidence based programs, and adoption of new, healthy behaviors. The Senior Resource Specialist will also maintain monthly contact logs which denote basic demographic information of customer and information requested.
Evaluation (d) Summarize key evaluation results or findings that demonstrate the program or project impact. Indicate the time frame for the results or findings.	The following summarizes the key evaluation results : Expected Outcome:90% of attendees will complete 7 out of 10 classes Expected Outcome: 90% of graduating attendees will report an increase in wellness, financial security and health. Expected Outcome: 90% of clients will be connected with appropriate resources
Board/Governance: Describe the role of the Board in advancing the agency's mission. Include key issues related to Board effectiveness currently being addressed, policies regarding Board terms, and the percentage contributing financially to the agency.	Gunnison County Board of County Commissioners plays a critical role in advancing and building agency capacity. They strive to preserved and promote the well being of the County's citizens by supporting initiatives of the Gunnison Valley. The BOCC plays a major role in advancing the Senior Resource Office mission by assisting and building strategic plans, implementations and on going evaluations of Senior Resource programs. The County Commissioners work with legislators and organizations to assist in the prioritization of Health and Human Services funding. The BOCC does not contribute financially to Gunnison County Senior Resource Office.
Optional: If there is additional information that is vital to convey in this proposal, do so here.	
TDF Core Values 1: What efforts has	

your organization made to engage the voice, experience, and leadership of residents, constituents, and/or clients in the development, implementation, and evaluation of your organization's activities?	The Senior Resources Office has a wide range of participation in the community engaging directly with customers and their valuable experiences. SRO staff is heavily involved in the Basic Needs Subcommittee, which falls under the Gunnison Health Coalition born out of the One Valley Prosperity Project(OVPP), a community needs assessment. The Basic Needs Subcommittee has broad community engagement, and includes nonprofit, governmental and faith based organizations such as Gunnison Food Pantry, Hispanic Affairs Project, Mountain Roots Food Project, Gunnison County Library District, Immigrantes Unidos, several local law enforcement agencies, Gunnison Community Centers Board (CCB) Six Points, members of the faith community, Gunnison Arts Center, and interested community members. This group is open to the public, and provides a space and time to share experiences and problem solve towards securing shelter, food security and community engagement for targeted, vulnerable populations of seniors, low-income families and minorities. The Basic Needs Subcommittee reports to the Gunnison Health Coalition on a quarterly basis in order to identify achieved goals as well as gaps in provision of service. Gunnison County Health & Human Services (GCDHHS) also provides Options Counseling and case management for Community Service Block Grant (CSBG) recipients to directly engage with clients through one-on-one meetings. The Options Counselors and CSBG case manager provide ongoing support to clients who are either aging independently at home or are struggling to maintain self-sufficiency. All CSBG applicants complete a customer survey focusing on the degree to which their needs are being met and areas in which clients are already receiving assistance. The survey results are discussed among leaders, clients and collaborators in order to explore all potential resources and future improvement of services. The Senior Resources Office is partially funded by the Aging and Disability Resource Centers (ADRC), whose mission is to provide resources for people of all incomes and ages for information on long-term support options and a single point of entry for access to public long term support programs and benefits. There is quarterly outreach to all clients to ensure safety, security and related needs as well as a required survey provided to all ADRC clients. The survey results are used to continue clients' abilities to plan for future long term care needs. The Senior Resource office also holds monthly Transitions meetings with providers, with the purpose of engaging different agencies in the ongoing development and evaluation of our agency's activities and how we can continue to meet the needs of the population we serve.
TDF Core Values 2: What challenges, if any, have you encountered in your efforts to engage residents, constituents, and/or clients? What are you doing to overcome them?	The Senior Resources Office is constantly evaluating its ability to reach clients who could best benefit from the resources, information and engagement available through its office. The SRO have faced challenges in its efforts, and continue to discuss at weekly meetings how we can improve its capacity. The aforementioned Basic Needs Committee provides a bi-monthly platform for coordinated communication among a broad consortium of entities and community members all interested in assuring engagement across the community. The Senior Resources Office is housed within the GCHHS building, and has hosted events and outreach opportunities in its own building as well as the Senior Center in the Gunnison Parks & Recreation Center, local affordable housing residences for clients 55+, the respective libraries in Gunnison and Crested Butte, the Gunnison Food Pantry, the Crested Butte Town Hall, St. Marys, local aundromats, and the Community Center Board, Six Points. Each one of these locations has its own challenges and constituents, so we have found that offering events and outreach in multiple locations helps us reach a larger range of potential clients. The Senior Resources Team recognizes that many of the programs and resources offered may be associated with certain stigmas including ageism and dependence on public benefits. In order to reduce this stigma, we regularly submit PSA's in the Gunnison Shopper, respective newspapers in Crested Butte and Gunnison, radio stations, flyers and communication with community leaders. This type of outreach through media outlets and community leaders normalizes the need for additional support for disabled, elderly and minority populations and offers positive associations rather than negative assumptions about any "right" way to live and age in Gunnison and Crested Butte. The Senior Resources Team also utilizes word of mouth through existing clients who have benefited from its services, especially among those whom we have developed positive and meaningful relationships with its staff. A common challenge in most rural communities is the language barrier between English and non-English speaking clients; like other small towns, GCHHS is limited in its capacity to provide enough translators and interpreters to support the growing population of non-English speaking constituents. We currently have 1-5 interpreters in the GCHHS at any given time, who are able to assist non-English speakers. In order to further improve on this barrier, the SRO work hand in hand with GCHHS Multicultural Services office, Hispanic Affairs Project, Immigrantes Unidos, the Center for Adult & Family Education of the Gunnison County Library District, and bi-lingual community members to evaluate gaps and improve service for non-English speakers.
TDF Core Values 3: What efforts has your organization made to advance racial equity?	The Gunnison County Senior Resources Office is dedicated to offering services to individuals of Gunnison County, age 60 and older, without regards to race, color, national origin, sex or income. Gunnison County New Employees and current employees are provided opportunities around their role, responsibility and opportunity as a government agency to advance racial equity. Gunnison County Department of Health and Human Services recently formed a Health Equity committee, focused on understanding both implicit and explicit bias and individuals, institutional and structural racism and how it impacts the workplace. Through this committee, Gunnison County administered an agency-wide survey to identify gaps and strengths around health and equity. DHHS hosts the Multicultural Resources office, which provides access to healthcare through multilingual Health Navigation services. As a part of Public Health, Interpretation and Translation services are provided to clients on an as needed basis. The Health Navigator can also provide community with culturally appropriate materials and services, provide statistical information for community planning, work with community providers to promote culturally diverse, sensitive and affordable health services. As part of the Colorado Health Foundation and the City of Gunnison Public Service Grant Program requirements, the Gunnison County Multicultural Resource Services hosted a Community Café with over fifty Spanish-speaking adults who provided input on the following topics: Parenting Classes & Childcare; Healthy Eating & Active Living; Health & Housing; Communication; and Mental Health. Participants discussed (in Spanish) at the tables with a host taking notes. The resulting living document that can be updated and used for strategic planning. In addition to these efforts, the DHHS eligibilty team regularly uses a translator to effectively communicate with public assistance applicants. DHHS continuously works towards improving employees' abilities to identify and address institutional and structural racism and to increase capacity to advance racial equity.
TDF Core Values 4:	

What challenges, if any, have you encountered in your efforts to advance racial equity? What are you doing to overcome them?	The initial forming of the Equity Committee was followed by a lengthy strategic planning period where momentum stalled. DHHS administered an internal survey around equity and diversity. This survey has become the framework for a strategic plan. Employees of the county will have opportunity to seek outside expertise in the community and expand community engagement. Gunnison County DHHS will also integrate training around equity both within the organization and within the community.

Attachments

Please note that only files uploaded as a **.PDF** will be accepted. This helps ensure that your documents maintain their intended formatting and can be viewed on any operating system.

Links on how to save or convert a document to PDF:

Microsoft Office Instructions to Save or Convert a document to PDF

PDF Converter: Convert Word, Excel, PowerPoint, Images and other files to PDF?

Large PDFs, e.g., financial audits, university or hospital group audits are accepted. However, if you do experience issues trying to upload a large file attachment. Please consider compressing the file for free at the following site: http://www.ilovepdf.com/compress_pdf.

Statement of Financial Position, a.k.a. Balance Sheet for the most recent Fiscal Year	2017 audit.pdf
Statement of Activities, a.k.a. Income Statement or Profit & Loss for the most recent Fiscal Year	2017 audit.pdf
Current Organizational Budget with Revenue and Expenses	Organizational Budget 2019.pdf
Project/Program Requests: Budget showing Revenue and Expenses	comprecare Budget -5.16.19.pdf
Current fiscal year's Statement of Financial Position, a.k.a. Balance Sheet, dated in the last three months	Year to Date.pdf
Current fiscal year's Statement of Activities, a.k.a. Income Statement or Profit & Loss, dated in the last three months	Year to Date.pdf
In-kind contributions for last two fiscal years	Contributions and other Grants.pdf
Board of directors list with affiliations and skill sets	BOCC.pdf
Anti-discrimination statement adopted by the board of directors	Personnel-Policies.pdf
Evaluation Results (optional and strongly recommended)	2017 audit.pdf
Have you received a previous grant from the CompreCare Fund?	○ Yes ◉ No

Declarations & Agreements

No applicant is entitled to receive a grant, either by reason of previous grant history, an employee's history of contributions to The Denver Foundation, or any perceived inference from a Denver Foundation employee.

The Denver Foundation, its employees, and Advisory Committee members reserve the right to consult with collaborators/partners of the applicant, other funding partners, and other Foundations about this application and their history with the applicant. Your application may be shared with these entities to fully assess the proposal.

Your submission of this application: (i) certifies that the information provided is true and complete, (ii) authorizes The Denver Foundation to obtain and/or verify all information necessary to process this application, and (iii) releases The Denver Foundation from any liability associated with the rejection of funding for this application. In the event The Denver Foundation discovers that the applicant has provided any false information, The Denver Foundation will decline the application.

Submissions are final. Incomplete applications will be declined and not reviewed for content.

By Submitting this application, you verify that you have read and agree to the declarations and agreements above.
The target timeline for notifications:

- To be responsive to applicants, the decline notifications will be made on a rolling basis during the review process. Please do not call for updates during the review process.
- Final approval notifications are made within four months of application submission.

For questions, please contact amartinez@denverfoundation.org.

Grants Manager
The Denver Foundation
55 Madison Street, 8th Floor,
Denver, CO 80206
Phone: 303-300-1790 Fax: 303-300-6547

CompreCare Fund Application

Elizabeth Holena (Gunnison County Department of Health and Human Services)

General Applicant Info

Please note:

If you received a grant from the Comprecare Fund in 2018, you do not need to submit a new application in 2019. You will need to submit a final report on your last grant by May 31. Please send the Colorado Common Grant Report Form, Narrative, and Attachments in one PDF as an attachment to amartinez@denverfoundation.org.

Legal Name of Organization	Gunnison County Department of Health and Human Services
DBA (if applicable)	
Mailing Address (Line 1)	220 North Spruce Street
Mailing Address (Line 2)	
Mailing City	Gunnison
Mailing State	Colorado
Mailing Zip	81230
Is your physical address different from your mailing address?	○ Yes ◉ No
Organization's Phone #	970-641-3244
Organization's Fax Number	970-641-3738
Organization's Tax ID	84-6000770
Organization's Website	https://www.gunnisoncounty.org/
Organization's Email	dhs@gunnisoncounty.org
CEO or Executive Director's First Name	Joni
CEO or Executive Director's Last Name	Reynolds
CEO or Executive Director's Phone #	970-641-3244

CEO or Executive Director's Phone Ext	
CEO or Executive Director's Email	joni.reynolds@state.co.us
Applicant's First Name	Betsy
Applicant's Last Name	Holena
Applicant's Job Title	Senior Resource Program Manager
Applicant's Phone #	970-641-3244
Applicant's Phone Ext	
Applicant's Email Address	elizabeth.holena@state.co.us
Year Organization was Founded	1950
Is Your Organization A Nonprofit 501(c)3 Public Charity?	○ Yes ◉ No
Organization's Mission Statement	The mission of the Department of Health and Human Services (HHS) is to provide culturally competent advocacy, prevention, protection, and support services to families of Gunnison and Hinsdale Counties so they can prosper and thrive in a healthy and supportive community
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Grant Request Info

Type of Grant Requested	○ General Operating Support ◉ Program or Project Support
Project Name / Title	Aging Mastery Program
Amount	$16,057.00

Requested	
Describe what the grant will be used for:	The CompreCare Grant will be used to implement, under Gunnison County Senior Resource Office, the Aging Mastery Program(AMP). AMP is an evidenced based education and behavior change incentive program for aging well, targeting low income, isolated or otherwise vulnerable older adults. The Senior Resource Office will implement the program in collaboration with Boomers and Beyond, a non profit serving seniors throughout the Gunnison Valley through events, classes, travel, hikes, meals and more. The AMP core curriculum covers 10 topics, and the classroom experience is a mix of interactive learning with an emphasis on peer to peer interaction. When participants graduate from AMP, they have set goals for positive actions in many aspect of their lives, such as exercise, nutrition, finances, advance care planning, community engagement, and healthy relationships. The CompreCare grant will pay for the expense of the AMP program, Senior Resource specialist, and incentives.
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Narrative Page

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Current Programs: Provide a brief description of the organization's current programs. Include population and numbers served, as well as expected results. If this request is for a specific program, describe the organization's other programs here.	Gunnison County DHHS provides assistance to vulnerable populations across the life spectrum. The county operates SNAP, Health First Colorado, Old Age Pension, Aid to the Needy and Disabled, Child Protective Services, Adult Protection, Long Term Care Medicaid, Immunizations clinics and Family Planning. The Senior Resource office serves older, low income, isolated, underserved individuals as well as those that have chronic illness. Programs under the Senior Resource Office include Long Term Care Home and Community Bases services with a current caseload of 60. Long Term Care Medicaid provides case management and services to individuals meeting functional and financial eligibility. Also under the Senior Resource Office is the Aging and Disability Resources of Colorado(ADRC), serving low income and at-risk adults. The program evaluates the problems and capacities of older adults and then refers individuals to appropriate assistance and information. ADRC also develops, maintains and provides current information about opportunities, benefits, and services and resources available to older adults and their caregivers within the community. In 2018, over 2006 Seniors and at risk adults were provided information, assistance and referrals, and over 9000 contacts were made. Gunnison County Senior Resource Office also manages the Adult Protective Service program. In 2018 the APS program received over 80 referrals and had 25 open cases. Through Adult Protective Services, the community's most vulnerable seniors are provided with services to increase their safety and decrease risk. The Community Service Block Grant is also managed and administered under the Senior Resource Office. The grant is available to local residents experiencing barriers to self sufficiency and can provide emergency assistance such as rental assistance and emergency shelter. In 2018, the grant provided assistance to over 120 households. The Senior Resource office also works closely with non profits, other governmental organizations and the faith community to maximize use of local resources, reduce duplication of services and minimize cost of administrative overhead. SRO personnel work closely with numerous non profits, including Boomers and Beyond, Young at Heart, Project Hope, Gunnison County Library District, Six Points, Mountain Roots Food Project and the Gunnison Food Pantry. Currently Mountain Roots, The SRO and WIC have collaborated on a CSA grant delivering boxes of fruit and vegetables to low income seniors and families. The Senior Resource office holds quarterly outreach at different nonprofits and coordinates outreach with Boomers and Beyond. Gunnison County also co-hosts the Basic Needs Subcommittee, a collaboration of professionals and community members focused on assuring basic needs are met for our most vulnerable populations, identified as low income families, seniors and the immigrant population. Gunnison SRO has diverse funding, creating a sustainable program.
Program/Project Support Request (a) Provide a summary of the plan for the program or project request. Include the issue and/or opportunity addressed, goals and objectives, activities, and timeline.	

Gunnison Senior Resource Office wishes to implement the Aging Mastery Program, a fun and engaging educational and behavioral change incentive program for aging well. Funding will support a paid facilitator to manage/teach the 10 classes in ten week intervals, twice over the SFY 2019-2020. The facilitator will be responsible for learning course material, finding expert speakers, preparing class activities, incentivizing classes, recruiting registrants, and collaborating with the aforementioned non-profit organizations. In addition, the paid facilitator will also be responsible for fulfilling Senior Resource Specialist duties such as completing assessments, coordinating services, providing referrals, and assisting with appointments and registrations. The Senior Resource Specialist will report directly to the Senior Resource Manager and will work exclusively with low income vulnerable adults to improve the quality of life by assisting them in developing and maintaining optimal wellness. The Senior Resource Specialist will divide their time between facilitating the Aging Mastery Program and direct client contact. Research demonstrates that a healthy quality of life for seniors is gained through physical activity, good nutrition and management of healthcare. The goals and objectives are as follows:

Objective 1: Older Adults will be provided the tools necessary to age well.
Activity: 10 Core Classes will be taught twice a year to a classroom of 20
Measure 1:Establish a schedule to coordinate professionals
Measure 2: Maintain weekly sign-in sheets

Objective 2: Older adults who complete the class increase their wellness, financial security and health.
Activity: 10 Core Classes will be taught twice a year to a classroom of 20
Measure 1: Administer and maintain pre and post surveys

Objective 3: Expand utilization of local services in the community, including services offered by non-profits, other governmental agencies and the faith community.
Activity: Increase awareness of expanded outreach efforts and availability of direct information and assistance.
Measure 1: Maintain monthly contact logs which denote basic demographic information of customer and information requested.

Objective 4: Meet funding reporting requirements
Activity A: Collect and submit timely monthly reports
Activity B: Monitor budget and finance reports on a monthly basis.

Time Frame:

Hiring of the Senior Resource Specialist	July 31st 2019
Training, development of experts, program	August 1 2019
First Session held	September 2019
Second Session held	April 2019

Program/Project Support Request (b) Explain why the organization is approaching the issue and/or opportunity in this way.

Gunnison County currently has approximately 2,190 seniors age 65 years and older. The Senior Resource Office works primarily with the county's most vulnerable adults, making over 9000 contacts each year. Combining the Aging Mastery Program with existing services will create a holistic, comprehensive approach as each individual is connected with services that will maximize their quality of life. Partnering with AMP and the non-profit and faith communities will add depth to our programs, increase agency capacity and connect the community's most vulnerable to education that can optimize their wellness.

Evaluation (a) Describe the organization's overall approach to evaluation.

In 2018, Gunnison County received the 2018 Certificate of Excellence in Performance Management from the International City/County Management Association as a result of Gunnison County's commitment to data-driven performance management. Gunnison County Senior Resource Office utilizes Managing for Results, a complete management and leadership strategy that, when fully implemented, brings together people, resources, and results for customers. MFR integrates key elements from planning, employee performance, budgeting, data collection, reporting, evaluating, and decision-making in a way that postively influences the desired result. Gunnison County's strategic plan was first adopted by the Board of County Commissioners on May 20, 2008, using MFR to establish priorities and strategic results. Each year Gunnison County publishes an annual performance report, which can be found here: https://www.gunnisoncounty.org/Archive.aspx?AMID=89.

Gunnison County also implements that Biennial Citizen Survey, a tool used to measure the quality of life in Gunnison, including access to services through the Senior Resource Center. The Board of County Commissioners have recently elevated a "senior-related" performance measure to monitor which is that 75% of respondents to the biennial Citizens Survey report that the access to services provided to seniors in Gunnison County are good or excellent. Gunnison County Health & Human Services additionally provides a quarterly survey to all walk-in and scheduled clients; this survey is examined to improve existing services. In addition, on a bi-annual basis, the awareness and accessibility of the SRO services is evaluated by the SRO personnel and the Senior Advisory Council for input on increasing visibility and outreach of the services provided.

Evaluation (b)

Describe how the organization measures impact. If this is a program request, describe how impact is measured for the program that is the subject of this proposal.	A pre and post survey will be administered to each attendee to determine behavior change, as this is a key metric of the Aging Mastery Program. The surveys will identify participant's perceived improvements in social connectedness, physical activity levels, healthy eating habits, use of advanced planning, participation in evidence based programs, and adoption of new, healthy behaviors. The Senior Resource Specialist will also maintain monthly contact logs which denote basic demographic information of customer and information requested.
Evaluation (d) Summarize key evaluation results or findings that demonstrate the program or project impact. Indicate the time frame for the results or findings.	The following summarizes the key evaluation results : Expected Outcome:90% of attendees will complete 7 out of 10 classes Expected Outcome: 90% of graduating attendees will report an increase in wellness, financial security and health. Expected Outcome: 90% of clients will be connected with appropriate resources
Board/Governance: Describe the role of the Board in advancing the agency's mission. Include key issues related to Board effectiveness currently being addressed, policies regarding Board terms, and the percentage contributing financially to the agency.	Gunnison County Board of County Commissioners plays a critical role in advancing and building agency capacity. They strive to preserved and promote the well being of the County's citizens by supporting initiatives of the Gunnison Valley. The BOCC plays a major role in advancing the Senior Resource Office mission by assisting and building strategic plans, implementations and on going evaluations of Senior Resource programs. The County Commissioners work with legislators and organizations to assist.in the prioritization of Health and Human Services funding. The BOCC does not contribute financially to Gunnison County Senior Resource Office.
Optional: If there is additional information that is vital to convey in this proposal, do so here.	
TDF Core Values 1: What efforts has	

your organization made to engage the voice, experience, and leadership of residents, constituents, and/or clients in the development, implementation, and evaluation of your organization's activities?	The Senior Resources Office has a wide range of participation in the community engaging directly with customers and their valuable experiences. SRO staff is heavily involved in the Basic Needs Subcommittee, which falls under the Gunnison Health Coalition born out of the One Valley Prosperity Project(OVPP), a community needs assessment. The Basic Needs Subcommittee has broad community engagement, and includes nonprofit, governmental and faith based organizations such as Gunnison Food Pantry, Hispanic Affairs Project, Mountain Roots Food Project, Gunnison County Library District, Immigrantes Unidos, several local law enforcement agencies, Gunnison Community Centers Board (CCB) Six Points, members of the faith community, Gunnison Arts Center, and interested community members. This group is open to the public, and provides a space and time to share experiences and problem solve towards securing shelter, food security and community engagement for targeted, vulnerable populations of seniors, low-income families and minorities. The Basic Needs Subcommittee reports to the Gunnison Health Coalition on a quarterly basis in order to identify achieved goals as well as gaps in provision of service. Gunnison County Health & Human Services (GCDHHS) also provides Options Counseling and case management for Community Service Block Grant (CSBG) recipients to directly engage with clients through one-on-one meetings. The Options Counselors and CSBG case manager provide ongoing support to clients who are either aging independently at home or are struggling to maintain self-sufficiency. All CSBG applicants complete a customer survey focusing on the degree to which their needs are being met and areas in which clients are already receiving assistance. The survey results are discussed among leaders, clients and collaborators in order to explore all potential resources and future improvement of services. The Senior Resources Office is partially funded by the Aging and Disability Resource Centers (ADRC), whose mission is to provide resources for people of all incomes and ages for information on long-term support options and a single point of entry for access to public long term support programs and benefits. There is quarterly outreach to all clients to ensure safety, security and related needs as well as a required survey provided to all ADRC clients. The survey results are used to continue clients' abilities to plan for future long term care needs. The Senior Resource office also holds monthly Transitions meetings with providers, with the purpose of engaging different agencies in the ongoing development and evaluation of our agency's activities and how we can continue to meet the needs of the population we serve.
TDF Core Values 2: What challenges, if any, have you encountered in your efforts to engage residents, constituents, and/or clients? What are you doing to overcome them?	The Senior Resources Office is constantly evaluating its ability to reach clients who could best benefit from the resources, information and engagement available through its office. The SRO have faced challenges in its efforts, and continue to discuss at weekly meetings how we can improve its capacity. The aforementioned Basic Needs Committee provides a bi-monthly platform for coordinated communication among a broad consortium of entities and community members all interested in assuring engagement across the community. The Senior Resources Office is housed within the GCHHS building, and has hosted events and outreach opportunities in its own building as well as the Senior Center in the Gunnison Parks & Recreation Center, local affordable housing residences for clients 55+, the respective libraries in Gunnison and Crested Butte, the Gunnison Food Pantry, the Crested Butte Town Hall, St. Marys, local aundromats, and the Community Center Board, Six Points. Each one of these locations has its own challenges and constituents, so we have found that offering events and outreach in multiple locations helps us reach a larger range of potential clients. The Senior Resources Team recognizes that many of the programs and resources offered may be associated with certain stigmas including ageism and dependence on public benefits. In order to reduce this stigma, we regularly submit PSA's in the Gunnison Shopper, respective newspapers in Crested Butte and Gunnison, radio stations, flyers and communication with community leaders. This type of outreach through media outlets and community leaders normalizes the need for additional support for disabled, elderly and minority populations and offers positive associations rather than negative assumptions about any "right" way to live and age in Gunnison and Crested Butte. The Senior Resources Team also utilizes word of mouth through existing clients who have benefited from its services, especially among those whom we have developed positive and meaningful relationships with its staff. A common challenge in most rural communities is the language barrier between English and non-English speaking clients; like other small towns, GCHHS is limited in its capacity to provide enough translators and interpreters to support the growing population of non-English speaking constituents. We currently have 1-5 interpreters in the GCHHS at any given time, who are able to assist non-English speakers. In order to further improve on this barrier, the SRO work hand in hand with GCHHS Multicultural Services office, Hispanic Affairs Project, Immigrantes Unidos, the Center for Adult & Family Education of the Gunnison County Library District, and bi-lingual community members to evaluate gaps and improve service for non-English speakers.
TDF Core Values 3: What efforts has your organization made to advance racial equity?	The Gunnison County Senior Resources Office is dedicated to offering services to individuals of Gunnison County, age 60 and older, without regards to race, color, national origin, sex or income. Gunnison County New Employees and current employees are provided opportunities around their role, responsibility and opportunity as a government agency to advance racial equity. Gunnison County Department of Health and Human Services recently formed a Health Equity committee, focused on understanding both implicit and explicit bias and individuals, institutional and structural racism and how it impacts the workplace. Through this committee, Gunnison County administered an agency-wide survey to identify gaps and strengths around health and equity. DHHS hosts the Multicultural Resources office, which provides access to healthcare through multilingual Health Navigation services. As a part of Public Health, Interpretation and Translation services are provided to clients on an as needed basis. The Health Navigator can also provide community with culturally appropriate materials and services, provide statistical information for community planning, work with community providers to promote culturally diverse, sensitive and affordable health services. As part of the Colorado Health Foundation and the City of Gunnison Public Service Grant Program requirements, the Gunnison County Multicultural Resource Services hosted a Community Café with over fifty Spanish-speaking adults who provided input on the following topics: Parenting Classes & Childcare; Healthy Eating & Active Living; Health & Housing; Communication; and Mental Health. Participants discussed (in Spanish) at the tables with a host taking notes. The resulting living document that can be updated and used for strategic planning. In addition to these efforts, the DHHS eligibilty team regularly uses a translator to effectively communicate with public assistance applicants. DHHS continuously works towards improving employees' abilities to identify and address institutional and structural racism and to increase capacity to advance racial equity.
TDF Core Values 4:	

What challenges, if any, have you encountered in your efforts to advance racial equity? What are you doing to overcome them?	The initial forming of the Equity Committee was followed by a lengthy strategic planning period where momentum stalled. DHHS administered an internal survey around equity and diversity. This survey has become the framework for a strategic plan. Employees of the county will have opportunity to seek outside expertise in the community and expand community engagement. Gunnison County DHHS will also integrate training around equity both within the organization and within the community.

Attachments

Please note that only files uploaded as a **.PDF** will be accepted. This helps ensure that your documents maintain their intended formatting and can be viewed on any operating system.

Links on how to save or convert a document to PDF:

Microsoft Office Instructions to Save or Convert a document to PDF

PDF Converter: Convert Word, Excel, PowerPoint, Images and other files to PDF?

Large PDFs, e.g., financial audits, university or hospital group audits are accepted. However, if you do experience issues trying to upload a large file attachment. Please consider compressing the file for free at the following site: http://www.ilovepdf.com/compress_pdf.

Statement of Financial Position, a.k.a. Balance Sheet for the most recent Fiscal Year	2017 audit.pdf
Statement of Activities, a.k.a. Income Statement or Profit & Loss for the most recent Fiscal Year	2017 audit.pdf
Current Organizational Budget with Revenue and Expenses	Organizational Budget 2019.pdf
Project/Program Requests: Budget showing Revenue and Expenses	comprecare Budget -5.16.19.pdf
Current fiscal year's Statement of Financial Position, a.k.a. Balance Sheet, dated in the last three months	Year to Date.pdf
Current fiscal year's Statement of Activities, a.k.a. Income Statement or Profit & Loss, dated in the last three months	Year to Date.pdf
In-kind contributions for last two fiscal years	Contributions and other Grants.pdf
Board of directors list with affiliations and skill sets	BOCC.pdf
Anti-discrimination statement adopted by the board of directors	Personnel-Policies.pdf
Evaluation Results (optional and strongly recommended)	2017 audit.pdf
Have you received a previous grant from the CompreCare Fund?	○ Yes ◉ No

Declarations & Agreements

No applicant is entitled to receive a grant, either by reason of previous grant history, an employee's history of contributions to The Denver Foundation, or any perceived inference from a Denver Foundation employee.

The Denver Foundation, its employees, and Advisory Committee members reserve the right to consult with collaborators/partners of the applicant, other funding partners, and other Foundations about this application and their history with the applicant. Your application may be shared with these entities to fully assess the proposal.

Your submission of this application: (i) certifies that the information provided is true and complete, (ii) authorizes The Denver Foundation to obtain and/or verify all information necessary to process this application, and (iii) releases The Denver Foundation from any liability associated with the rejection of funding for this application. In the event The Denver Foundation discovers that the applicant has provided any false information, The Denver Foundation will decline the application.

Submissions are final. Incomplete applications will be declined and not reviewed for content.

By Submitting this application, you verify that you have read and agree to the declarations and agreements above.
The target timeline for notifications:

- To be responsive to applicants, the decline notifications will be made on a rolling basis during the review process. Please do not call for updates during the review process.
- Final approval notifications are made within four months of application submission.

For questions, please contact amartinez@denverfoundation.org.

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