AGENDA ITEM or FINAL CONTRACT REVIEW SUBMITTAL FORM

Agenda Item: Grant Application; Rotary Club of Crested Butte

Action Requested: County Manager Signature

Parties to the Agreement:

Term Begins: **Term Ends:** **Grant Contract #:**

Summary:

Grant application requesting funds to cover the costs of community members to be trained to facilitate suicide prevention workshops.

Fiscal Impact: $2,000

Submitted by: Emily Mirza **Submitter's Email Address:** emirza@gunnisoncounty.org

Finance Review: (●) Required ( ) Not Required

Comments:
This is new funding, and if awarded will be requested as a budget amendment for 2019. No concerns. ln

Reviewed by: GUNCOUNTY1\lNienhueser Discharge Date: 5/17/2019

County Attorney Review: (●) Required ( ) Not Required

Comments:
ok db 5/17/19

Reveiwed by: GUNCOUNTY1\dBaumgarten Discharge Date: 5/17/2019 Certificate of Insurance Required Yes ( ) No (●)

County Manager Review:

Comments:

Reveiwed by: GUNCOUNTY1\emense Discharge Date: 5/17/2019

(●) Consent Agenda ( ) Regular Agenda ( ) Worksession Time Allotted: 0

Agenda Date: 5/21/2019

Revised April 2015

Legal Name of Organization: Health Coalition of the Gunnison Valley – Fiscal Sponsor: Gunnison County Health and Human Services

Mailing Address: 200 E. Virginia Ave, Gunnison CO 81230

Authorized Contact Person: Emily Mirza

Title: Youth Programming Coordinator/Suicide Prevention Coordinator

Phone: 970-641-7912

E-mail: emirza@gunnisoncounty.org

Mission or Purpose of Organization:
The mission of the Health Coalition of the Gunnison Valley is to build and maintain a culture that enables a sustainable healthy community for everyone in the Gunnison Valley. We believe that meeting the basic needs of our community members, identifying shared risk and protective factors, encouraging positive youth development and supporting healthcare access for all is critical for the development of a thriving and prosperous community.

Proposed Use of the Grant Funding:
One of the sub-groups of the Health Coalition is the Health and Wellness Subgroup, which has identified suicides awareness and prevention as a priority. The Health Coalition of Gunnison County takes an upstream-environmental approach to suicide awareness and prevention, we use a social ecological model lens to identify and implement strategies and interventions that decrease risk factors and increase protective factors at varying points along this social ecology. We use a three tiered approach in identifying and implementing interventions at the societal and community level with emphasis on media and stigma reduction, suicide awareness for community members and professionals in the community working in the health and mental health fields. This three tiered approach was designed in order to address the specific culture and needs of our rural/frontier community and is informed by data.
The Health Coalition of the Gunnison Valley is true community collaborative. There are representatives at the table from each of the 12 community sectors that are vital to the success of any community-level prevention effort. We have a shared vision and shared funding for our efforts. We use the public health approach to prevention that focuses on increase protective factors and decreasing risk factors.

Behavioral Health was identified as one of the top three priorities trough the 2016 regional community health needs assessment and the Gunnison Valley Health community health needs assessment. Gunnison County adults indicated in 2014-2016 BRFSS data that 8.2% have 14 or more poor mental health days in a 30 day period and 12% of adults have been diagnosed with a depressive disorder. The ratio of mental health providers in Gunnison is 480:1 while Colorado's is 330:1 (County Health Rankings). In 2017 Gunnison Police Department received 2174 calls related to mental health and substance. In recent years the county coroner data indicated that we have seen a steady increase in deaths by suicide with 2015 having 3, 2016 jumping to 10, 2017 at 9, and to date 2018 at 7 deaths. The majority of deaths were white males age 24 and older. Toxicology reports indicate that in 36% of completed suicides alcohol was present and in 27% marijuana was present. The data does not indicate if there was overlap. Healthy Kids Colorado data shows there has been a steady increase of Gunnison youth that report being sad or hopeless for 2 weeks in the past 12 months; 21.8% in 2015 to 26.8% in 2017 . Additionally in 2016 13.6% of Gunnison youth reported considering suicide in the last 12 months, 2017

increased to 20.1%. Through the implementation of this project we will strive to reduce deaths by suicides and increase help seeking behaviors through education, resource sharing, and stigma reduction related to suicide.

The funding requested will be utilized to support training two community members, a school district guidance counselor and Center for Mental Health Crested Butte Peer Support Specialist, to attend a five-day train the trainer workshop and continued coaching to be certified to facilitate the Applied Suicide Intervention Skills Training (ASIST). In the next year, the coalition will offer three ASIST trainings up and down valley to train up to 90 community members, equip them with skills to identify community members in crisis and connect them to resources.
The coalition will be offering three trainings to the community: Question Persuade Refer (QPR) a 90 minute basic training that will be offered in Spanish and English, safeTALK a 4 hour training offer to community members, and ASIST a 16 hour training offered to community members and health care professionals.

Expected benefits and measures of success:
The coalition will build local capacity for suicide prevention through training two community members. The ASIST workshop will then been offered a minimum of twice annually in the coming years to build communality capacity and resources awareness about the signs of suicide, skills to help a community member in need and the ability to connect community members in crisis to the appropriate resources.

By August 2019, the Health Coalition will have two people trained as trainers in ASIST. This will be measured by certificates of completion.

By July 2020, the Health Coalition will have hosted three ASIST trainings for Gunnison County community members. Sign-in sheets will be collected in order to track the number of participants and we will collect the appropriate evaluation forms for each training. We will aim to train 90 people. We will also collect qualitative data regarding the trainings.

AMOUNT REQUESTED: $2,000

Total Cost of Project: $32,000

Numbers Served by Project: An estimated 3,000 community members age 19-54.

Project Duration (include start and end dates): 1/1/2018 through 12/31/2019 (identified grant cycle end but will continue to applying for funding to build future program sustainability.

Does the organization have paid staff? Explain. The Health Coalition of the Gunnison Valley has several community agencies working towards the mission. Staff time for this work is housed within each respective agency. Specially, for the Health and Wellness Subgroup the Suicide Prevention Coordinator has four paid hours a week to coordinate the efforts and is a Gunnison County Juvenile Services employee.

Does the organization receive government funding? Explain. A portion of the funding for suicide prevention train the trainers and community workshops is funded through the Colorado Department of Public Health and Environment Communities that Care Grant Program.

Identify other sources of funds and amounts.
Center for Mental Health $10,000

Rocky Mountain Health Foundation $10,000
El Palmar $5,000
Communities That Care $5,000

If awarded any funding by Rotary, how will you announce, advertise or otherwise publicly recognize Rotary's contribution?
The Rotary will be recognized at the Health Coalition of the Gunnison Valley meetings and the Health and Wellness Subgroup meetings. In addition, the Rotary will be identified as a funder for all community suicide prevention trainings utilizing funds in the advertising and at the beginning of each training.

Please provide a copy of current operating and / or project budget.
I certify that the information provided in this Grant Application is accurate.

Signature of Contact Person_____Date_____

Signature of Board Representative_____Date_____

ROTARY CLUB OF CRESTED BUTTE

Application For Community Grants

Legal Name of Organization:

Mailing Address:

Authorized Contact Person:
Title:

Phone:
E-mail:

Mission or Purpose of Organization:

Proposed Use of the Grant Funding:

Expected benefits and measures of success:

AMOUNT REQUESTED:
Total Cost of Project:

Numbers Served by Project:

Project Duration (include start and end dates):

P. O. Box 422, Crested Butte, CO 81224

SERVICE Above Self

Does the organization have paid staff? Explain.

Does the organization receive government funding? Explain.

Identify other sources of funds and amounts.

If awarded any funding by Rotary, how will you announce, advertise or otherwise publicly recognize Rotary's contribution?

Please provide a copy of current operating and / or project budget.

I certify that the information provided in this Grant Application is accurate.

Signature of Contact Person_____Date_____

Signature of Board Representative_____ Date_____