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Community Youth Substance Use Health Index

2013	87
2012	88
2011	85
2010	84
2009	82
2008	80
2007	82
2006	78

The Community Youth Substance Use Health Index is created by taking four student reported measurements from the Healthy Kids Colorado Survey and combining them into one number.

The percentage of students who report ‘Zero Times’ for the following, is averaged to create the index:

- Number of times using alcohol in the past thirty days
- Number of times using marijuana in the past thirty days
- Number of times using tobacco cigarettes in the past thirty days
- Number of times using prescription drugs without a prescription in lifetime

We want to see numbers increase overtime. The goal for 2016 has been established at 90.

In Gunnison County, alcohol and marijuana are the most used and abused substances. We note a 1 point decrease in the Index result between 2012 and 2013. When we look at each school site, we note a significant decrease in the number of students reporting ‘No Use’ for alcohol in the Crested Butte High School. In other words, more students reported using alcohol at least once in the past thirty days in 2013 than they did in 2012. *This change did not occur in the middle school.* For some comparison, as represented in the tables below, 43% of Crested Butte High School students reported NOT using alcohol once in the past thirty days compared to 68% of Gunnison High School students and 63% of Denver Public School 9th-12th grade students.

Also notable is the increase in marijuana use in both high schools – 12% increase in Crested Butte and a 2% increase in Gunnison High Schools.

Drinking and marijuana use seem to be rising, especially in the Crested Butte high school.

Some indicators are headed in the right direction for prevention efforts.

Students report it is harder to access marijuana and across the county, student’s report that they perceive using marijuana to be more riskier in 2013 than they did in 2012.

County Wide Results	2008	2010	2012	2013
Marijuana Access (% reporting ‘very hard’)	48%	45%	47%	61%
Perception of Risk for Marijuana (% reporting ‘great risk’)	n/a	n/a	46%	55%

Crested Butte High School

	2006	2008	2010	2012	2013
30 Day Alcohol	46%	33%	56%	59%	43%
30 Day Marijuana	72%	45%	75%	84%	72%
30 Day Binge Drinking	60%	47%	69%	77%	64%

% of students who report NOT using—we want to see this number increase overtime.

Crested Butte Middle School

	2006	2008	2010	2012	2013
30 Day Alcohol	80%	87%	99%	94%	99%
30 Day Marijuana	96%	95%	98%	99%	99%
30 Day Binge Drinking	91%	93%	99%	99%	na

% of students who report NOT using—we want to see this number increase overtime.

Gunnison High School

	2006	2008	2010	2012	2013
30 Day Alcohol	58%	54%	68%	63%	68%
30 Day Marijuana	78%	79%	75%	80%	78%
30 Day Binge Drinking	69%	74%	79%	76%	83%

% of students who report NOT using—we want to see this number increase overtime.

Gunnison Middle School

	2006	2008	2010	2012	2013
30 Day Alcohol	79%	89%	88%	93%	97%
30 Day Marijuana	95%	94%	98%	97%	98%
30 Day Binge Drinking	90%	96%	95%	95%	98%

% of students who report NOT using—we want to see this number increase overtime.