"My nurse helped me set goals and made me see that I could do so many other things. I could be there for my child and have my life as well."

–"Vanessa" 19 year-old mom

Nurse-Family Partnership

Helping First-Time Parents Succeed®

Nurse-Family Partnership

Helping First-Time Parents Succeed®

How do I sign up?

Call the local Nurse-Family Partnership office listed below.

For more information:

Nurse-Family Partnership
National Service Office
1900 Grant Street, Suite 400
Denver, CO 80203
Toll Free 866.864.5226
Phone 303.327.4240
Fax 303.327.4660
Email info@nursefamilypartnership.org
www.nursefamilypartnership.org

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Pregnant with your first baby?

We can help...

Nurse-Family Partnership

Helping First-Time Parents Succeed®

Photography by Erin Marie Dey

What is Nurse-Family Partnership?

Nurse-Family Partnership is a program for women who are having their first baby. If you enroll, a specially trained nurse will visit you in your home throughout pregnancy and continue to visit until your baby is 2 years old.

How much does the program cost?

Nurse-Family Partnership is **FREE** to all eligible women!

How often will my nurse visit?

Your nurse will visit every week or two, during your pregnancy and up until your baby is 2 years old. You and your nurse will decide the exact schedule.

"What really made the difference for me, was that my nurse didn't tell me to do something, she ***showed*** me how to do it the right way."

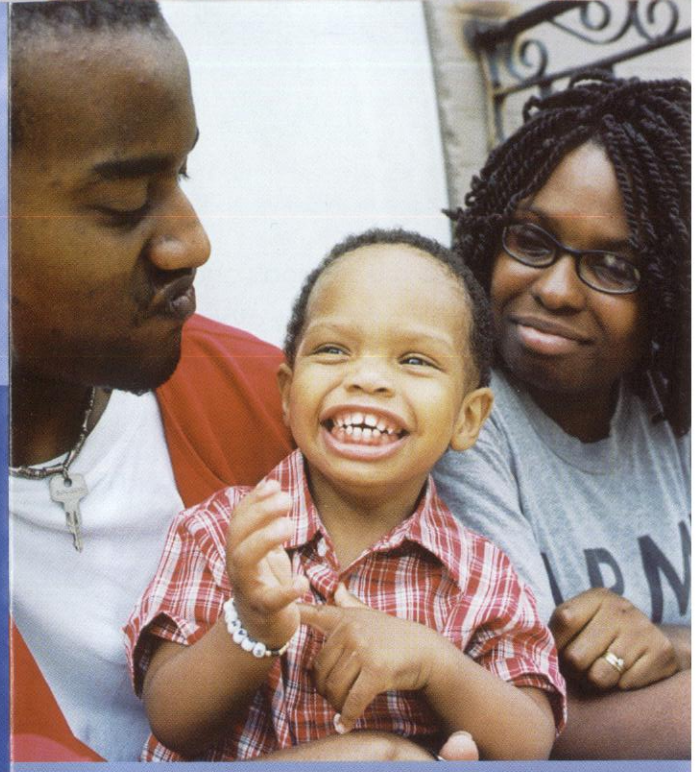
– "Rebecca" 17 year-old mom

"My nurse gave me the extra bit of confidence to acknowledge that continuing school would be beneficial to me."

– "Gabriela" 18 year-old mom

My nurse will help me:

- Have a healthy pregnancy and a healthy baby.
- Become a better parent.
- Build a strong network of support for me and my baby.
- Make my home a safe place for my baby to live and play.
- Get referrals for healthcare, childcare, job training and other support services available in my community.
- Find ways to continue my education and develop job skills.
- Set goals for my family's future and find ways to help me reach them.



Can my baby's father participate, too?

- Nurse-Family Partnership encourages fathers, family members and even friends to be involved in the visits and learn how they can best support you.
- You and your nurse decide who gets involved.
- Because you are the one who carries the baby and you are the first person to take care of your baby, you are the one who is actually enrolled in the program and you are the main focus of the nurse.

Who can enroll in the program?

Any woman who is:

- Pregnant with her first child
- Meets income requirements