Women's Health Programs Data Summary
2016

Family Planning Program

950 individuals served in Family Planning Program

17.5% were males up from 10% when first started tracking this 4 years ago. (17.5% is approximately 150 males were seen in our clinic)

Chlamydia Rate

4% infection rate (465 tests performed with 23 positive results). State rate approximately 7% and medical providers assume 1 in 21 patients will be positive. State Family Planning program evaluation of Gunnison Family Planning report frequency of testing is within recommendation when computer calculation errors are corrected. Free testing is available through CDPHE for uninsured or when client does not want charges to parents' insurance. Program will increase offering testing as part of state improvement plan.

Other testing and Programs

Other testing is available through the Family Planning Program such as HIV, Hepatitis C, paps for cancer and pre-cancer conditions, HPV, and breast cancer.

"Tough Enough to Wear Pink" is utilized to assist clients financially for mammograms as indicated.

WWC (Women's Wellness Connection) currently serves 4 clients. This is state program for women 40 – 64 years old who are uninsured. With Medicare expansion, the number of eligible women has dropped. Preliminary efforts to provide care coordination to women who are on Medicaid is underway.

Long acting birth control (LARC)

A total of 171 clients have received LARC methods in our clinic (130 IUDs and 41 Nexplanon). A time limited offer to help reduce financial costs for vasectomies is available in collaboration with primary care. Teen pregnancy rate has dropped 40% across country as result of availability of LARC. Locally the teen pregnancy rate is <1% as the Family Planning Program has provided funding specially for LARC, making the most effective and expensive method available to low income women.

Services for Pregnant Women

Pregnancy testing and counseling available for all women. Prenatal vitamins provided at time of pregnancy confirmation.

NFP (Nurse-Family Partnership)

13 – 19 women enrolled in program. Available for low income first time mothers. Provides evidence-based, comprehensive home visitation services from pregnancy through child's 2nd birthday. The goal of program is (1.) Healthy pregnancies (good prenatal care, reduce low birth weight and prematurity etc.), (2.) Enhance mother-child bond and family relationships, and (3.) Work toward self-sufficiency.

Gunnison Prenatal Program

4 cases currently enrolled in program. Program is for uninsured pregnant women who do not qualify for public insurance programs. Program was developed over 10 years ago with agreement with local prenatal care providers to provide services at a reduced rate with patient contribution. When program began up to 20 women were enrolled. Gunnison County rate of early prenatal care of 90.6% consistently runs higher than state rate of 80%.

Baby and Me Tobacco Free

4 women enrolled. Program available for all women who smoke during pregnancy to assist with quitting smoking. Program provides incentive of receiving free diapers at end of pregnancy for those who successfully quit.

WIC - Women, Infant and Children nutrition program

191 clients currently being served. Rate of obesity in 2-5 year old children in WIC has dropped from 7.5% in 2009 to 3.3% currently, far below state and national levels. The program provides nutrition counseling for low income families with pregnant woman and children up to 5 years old. Program includes vouchers as well as broad nutrition, breastfeeding support and health information. Nutrition counseling provided to high risk clients by Registered Dietician. Case load has declined from 250 clients 5 years ago to 191 as the interest in organic foods has increased (unavailable in WIC) and declining birth rate across the country. WIC works closely with other Public Health programs to assure client is linked to all appropriate services including: Immunizations, Nurse Family Partnership, Colorado First (Medicaid) enrollment, parenting classes and Baby & Me Tobacco Free.